

Body Soul & Spirit

I WILL PRAISE YOU FOR I AM FEARFULLY AND WONDERFULLY MADE. PSALM 139:14



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SERIES: THE PURPOSE AND FUNCTION OF THE SOUL

Lesson #4

“PROTECTING YOUR MIND FROM SATANIC ATTACKS”

PRESENTED BY TERRI MCFADDIN SOLOMON, M.A.

Scripture: *But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit. Jude 1:20*

OPENING STATEMENT: The attack that Satan wages against your mind is very private and very personal. People would be shocked if they knew some of the crazy things that Satan was telling you. Satan tells us all kind of terrible negative things about ourselves and what is going to happen in our future... even though they may not be true. Remember, his goal is to destroy your soul. So how do we overcome the secret attacks that are designed to leave us feeling depressed, discouraged and fearful? How do we keep ourselves from believing the Enemy's negative input? I strong recommend that you do the following:

1. Expose the lies of the enemy. What are the main negative thoughts that Satan uses to attack your mind?
2. Counteract the negative thoughts that Satan brings to your mind with positive thoughts, scriptures and prayers.

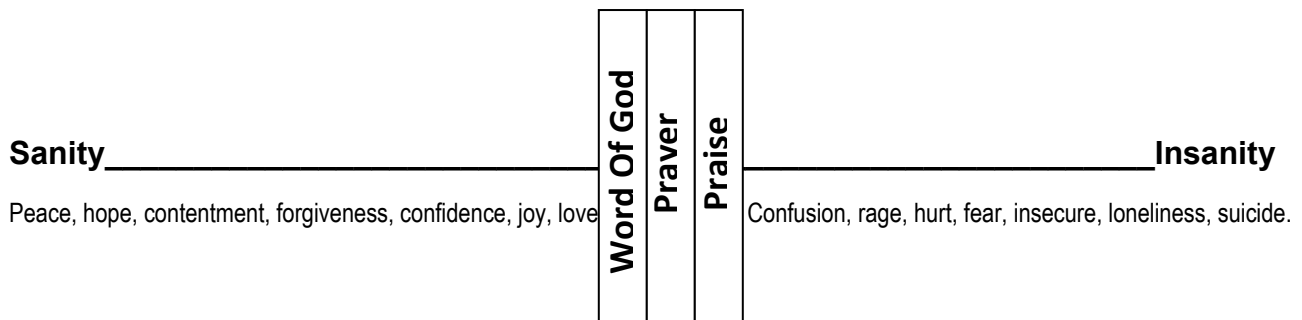
Fear: Psalm 27:1-6
Attacks: Isaiah 54:17
Depression: Psalm 42:5
Evil: Philippians 4:8
Anxiety: Philippians 4:6

WOMEN'S DISCIPLESHIP GROUP

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- Immorality: Psalm 51:1-4
- Guilt: Romans 8:33-34
- Lust: I Thessalonians 4:3-8
- Insecurity: Philippians 4:13
- Anger: Romans 12:17-21
- My Body: Psalm 139:14-15
- Add Scriptures:

YOUR MENTAL MAP: Satan is trying to break down the wall in your mind that stands between your sanity and insanity. Building a strong mental wall requires three important layers: (1) The Word of God. (2) Prayer. (3) Praise and Worship. It's sad to say that the reason why Hurricane Katrina wiped out New Orleans was because the levy/wall was not high enough and strong enough to withstand the storm. It will not do any good if people rebuild the city without rebuilding a stronger and higher wall of protection. How high and strong is your mental wall? Is the spiritual wall that guards your mind strong enough to withstand the storms that will come into your life?



3 Steps to building a strong mind: (1) Read your bible and pray daily. (2) Go to church and bible study on a regular basis. (3) Praise God and be thankful.

For I, says the LORD, will be a wall of fire all around her, and I will be the glory in her midst. (Zechariah 2:5)