



PRAYING THE PSALMS – PSALM 139 (VS. 15-16)
THE MYSTERY OF MY CREATION
Women's Discipleship Group
Terri McFaddin
Series #4 Lesson #6

Scripture Focus: *My frame was not hidden from You, when I was made in the secret place. When I was woven together in the depths of the earth, Your eyes saw my unformed body. All the days ordained for me, were written in your book before one of them came to be. (Vs. 15-16 NKJ)*

Key Word: Ordain (Hebrew – Yazar) To plan, devise, prepare with a particular plan of action as an extension of forming an object by artistic, careful design.

According to Psalm 139:15-16, there are 3 significant steps that are mentioned in the mystery of human creation: **My frame, my substance and my purpose.** When you were conceived in your mother's womb, even though the fertilized egg was no larger than a grain of sand, it contained a complete blueprint for your life. So many of us walk around as though we are some sort of cosmic accident, but in reality you are a God-sent.

The mystery of our faith is to discover what God sent us to accomplish. God gives us a free-will to choose the way that will lead us to a god-ordained or a god-free existence. God uses all sorts of circumstances and stimulus to prod us onward. Pain, pleasure, fear, love, betrayal and wonderment all frame and shape us into the person God has **ordained** us to become. For those who love God – *“All things” (Pain, pleasure, fear, love, betrayal and wonderment) work together for good – to those who are the called according to His purpose (Romans 8:28).*

Where there is no relationship with the Lord, *“all things”* do not work together for our good. There is nothing more tragic to meet someone that has obtained education, family, wealth and prominence, yet they feel empty and unfulfilled. Some face tragic consequences in their quest to fill the void that only the Lord can satisfy. No matter what we acquire or achieve, until you find and fulfill God's will for your life, there will always be a longing within you for the missing piece that makes life worth living.

I want to give you 3 rules for making right choices and finding God's will for your life.

1. Love God and not the world (1 John 2:15-17)
2. Do not conform to the world (Romans 12:2)
3. Be guided by the Lord and not the world (Isaiah 58:11)

OBSERVATIONS:

Find the definition of the following three statements:

1. My frame
2. My substance
3. Skillfully wrought

INTERPRETATION:

In 139:16, David says that all his days were ordained and written in God's book before one of them came to be. In the writings of 1 Samuel, do you think that God wrote that Saul would try to kill David? Does God "ordain" difficulties in our lives? Please write your opinion.

PERSONALIZATION:

Write about a key event or event(s) that shaped your destiny. It may have seemed negative or overly difficult at the time it happened.

APPLICATION:

Write a note of thanksgiving to the Lord for allowing you to go through an experience that made you wiser and stronger in the end. You might also thank the Lord for a challenge that turned out to be a great opportunity.